

Fitness classes

Ancholme Leisure Centre

Accurate as of 01/05/2024

Times for Tuesday 24 January



| Time | Session | Facility | Instructor |
|---------------|--------------------|---------------|------------|
| 10:00 - 11:30 | Yoga | Leisure Suite | Stuart |
| 18:00 - 19:00 | Group cycling | Leisure Suite | Andy |
| 18:00 - 19:00 | Les Mills BodyPump | Sports Hall | Jade |
| 19:15 - 20:45 | Yoga | Leisure Suite | Stuart |