

# Fitness classes

## Ancholme Leisure Centre

Accurate as of 15/05/2024

Times for Wednesday 25 January			
Time	Session	Facility	Instructor
09:15 - 10:15	Aerobics	Sports Hall	Mel
11:00 - 12:00	Aquacise	Main Pool	Mel
18:00 - 19:00	Yoga	Leisure Suite	Stuart