

Fitness classes

Ancholme Leisure Centre

Accurate as of 17/05/2025

Times for Wednesday 28 June



Time	Session	Facility	Instructor
09:15 - 10:15	Aerobics	Sports Hall	Mel
11:00 - 12:00	Aquacise	Main Pool	Mel
18:00 - 19:00	Yoga	Leisure Suite	Stuart
19:00 - 20:00	Group Cycling	Leisure Suite	Pete