

# Fitness classes

## Ancholme Leisure Centre

Accurate as of 23/04/2024

### Times for Thursday 29 June



Time	Session	Facility	Instructor
09:00 - 10:00	Fitness pilates	Sports Hall	Mel
18:15 - 19:00	Kettlebell	Sports Hall	Anais
19:00 - 20:00	Group cycling	Leisure Suite	Gail
20:15 - 21:15	Spartan	Sports Hall	Gail