

Fitness classes

Ancholme Leisure Centre

Accurate as of 05/05/2024

Times for Wednesday 18 October			
Time	Session	Facility	Instructor
09:15 - 10:15	Aerobics	Sports Hall	Mel
11:00 - 12:00	Aquacise	Main Pool	Mel
18:00 - 19:00	Yoga	Leisure Suite	Stuart