

# Fitness classes

## Ancholme Leisure Centre

Accurate as of 23/04/2024

### Times for Tuesday 22 January



Time	Session	Facility	Instructor
10:00 - 11:30	Yoga	Leisure Suite	Stuart
18:00 - 19:00	Group cycling	Leisure Suite	Andy
18:00 - 19:00	Les Mills BodyPump	Sports Hall	Jade
19:15 - 20:45	Yoga	Leisure Suite	Stuart