

# Fitness classes

## Ancholme Leisure Centre

Accurate as of 10/04/2024

Times for Friday 24 May			
Time	Session	Facility	Instructor
17:30 - 18:00	Rig workout	Gym	Jenny
18:00 - 19:00	Boxercise	Sports Hall	Dan
18:00 - 19:30	Yoga	Leisure Suite	Stuart