Fitness classes Baysgarth Leisure Centre

Accurate as of 19/05/2024

| Times for Friday 24 February | | | | ٩ |
|------------------------------|-----------------|----------|------------|---|
| Time | Session | Facility | Instructor | |
| 08:30 - 09:15 | Group cycling | Studio | Rob | |
| 10:30 - 11:30 | Fitness pilates | Studio | Stef | |