

Fitness classes

Baysgarth Leisure Centre

Accurate as of 18/05/2024

Times for Tuesday 15 August			
Time	Session	Facility	Instructor
17:15 - 18:15	Les Mills BodyPump	Studio	Emily
18:15 - 19:15	Les Mills BodyPump	Studio	Emily
19:30 - 20:30	Group cycling	Studio	Emily