

# Fitness classes

## Baysgarth Leisure Centre

Accurate as of 05/05/2024

### Times for Tuesday 15 August



Time	Session	Facility	Instructor
17:15 - 18:15	Les Mills BodyPump	Studio	Emily
18:15 - 19:15	Les Mills BodyPump	Studio	Emily
19:30 - 20:30	Group cycling	Studio	Emily