

Fitness classes

Baysgarth Leisure Centre

Accurate as of 19/05/2024

Times for Tuesday 24 October



Time	Session	Facility	Instructor
18:00 - 19:00	Les Mills BodyPump	Studio	Anais
19:00 - 20:00	Aquacise	Pool	Kelly
19:10 - 20:10	Group cycling	Studio	Rob