

Fitness classes

Baysgarth Leisure Centre

Accurate as of 20/04/2024

Times for Thursday 21 December



Time	Session	Facility	Instructor
09:30 - 10:30	LBT	Studio	Kelly
10:30 - 11:30	Group cycling	Studio	Kelly
18:00 - 19:00	Aerobics	Studio	Katie
19:00 - 20:00	Group cycling	Studio	Katie