

# Fitness classes

## Baysgarth Leisure Centre

Accurate as of 06/05/2024

### Times for Tuesday 28 August



Time	Session	Facility	Instructor
17:15 - 18:00	Aerobics	Studio	Anais
18:00 - 19:00	Les Mills BodyPump	Studio	Anais
19:10 - 20:10	Group cycling	Studio	Rob