

Fitness classes

Baysgarth Leisure Centre

Accurate as of 04/05/2024

Times for Friday 26 October			
Time	Session	Facility	Instructor
08:30 - 09:15	Group cycling	Studio	Rob
17:45 - 18:15	Les Mills Core	Studio	Katie
18:15 - 19:00	Les Mills BodyCombat	Studio	Katie