

# Fitness classes

## Baysgarth Leisure Centre

Accurate as of 15/05/2024

Times for Thursday 17 January			
Time	Session	Facility	Instructor
07:00 - 07:45	Group cycling	Studio	Annie
09:30 - 10:30	Les Mills BodyPump	Studio	Anais
10:30 - 11:15	Les Mills BodyCombat	Studio	Anais