Fitness classes

Baysgarth Leisure Centre

Accurate as of 12/10/2024

Times for Tuesday 22 January

Time	Session	Facility	Instructor
17:15 - 18:00	Aerobics	Studio	Anais
18:00 - 19:00	Les Mills BodyPump	Studio	Anais
19:10 - 20:10	Group cycling	Studio	Rob