

# Fitness classes

## Baysgarth Leisure Centre

Accurate as of 18/04/2024

### Times for Thursday 24 January



Time	Session	Facility	Instructor
07:00 - 07:45	Group cycling	Studio	Annie
09:30 - 10:30	Les Mills BodyPump	Studio	Anais
10:30 - 11:15	Les Mills BodyCombat	Studio	Anais