

# Fitness classes

## Baysgarth Leisure Centre

Accurate as of 17/05/2025

### Times for Tuesday 21 May



Time	Session	Facility	Instructor
09:30 - 10:30	Group Cycling	Sports Hall	Stef
17:15 - 18:00	Aerobics	Studio	Anais
17:45 - 18:45	Group Cycling	Sports Hall	Rob
18:00 - 19:00	Les Mills BodyPump	Studio	Anais
19:10 - 20:10	Group Cycling	Studio	Rob