

Fitness classes

Baysgarth Leisure Centre

Accurate as of 02/05/2024

Times for Tuesday 28 May



Time	Session	Facility	Instructor
09:30 - 10:30	Group cycling	Sports Hall	Stef
17:15 - 18:00	Aerobics	Studio	Anais
17:45 - 18:45	Group cycling	Sports Hall	Rob
18:00 - 19:00	Les Mills BodyPump	Studio	Anais
19:10 - 20:10	Group cycling	Studio	Rob