

# The Pods Pool Timetable

## The Pods

Accurate as of 02/05/2024

Times for Thursday 23 February				
Time	Session	Facility	# Lanes	
7:00 am - 9:30 am	Lanes	Main Pool	2	
9:30 am - 10:30 am	Energize	Teaching Pool		
9:30 am - 12:30 pm	Casual Swim	Main Pool	6	
9:30 am - 12:30 pm	Lanes	Main Pool	2	
10:30 am - 11:30 am	Casual Swim	Teaching Pool		
11:30 am - 12:00 pm	Swimlincs Pre-School	Teaching Pool		
12:00 pm - 12:30 pm	Swimlincs Pre-School	Teaching Pool		
12:00 pm - 1:15 pm	Adult & Child	Teaching Pool		
12:30 pm - 1:30 pm	Adult Lanes	Main Pool	8	
1:30 pm - 3:45 pm	Funsplash	Main Pool	8	
1:30 pm - 3:45 pm	Funsplash	Teaching Pool		
4:00 pm - 5:30 pm	Casual Swim	Main Pool	2	
4:00 pm - 6:00 pm	SwimLincs	Main Pool	6	
4:00 pm - 7:00 pm	SwimLincs	Teaching Pool		
5:30 pm - 7:00 pm	Lanes	Main Pool	2	
6:00 pm - 7:00 pm	Private Hire	Main Pool	6	
7:00 pm - 8:00 pm	Ladies Only Swim	Main Pool	4	
8:00 pm - 9:00 pm	Lanes	Main Pool	2	
8:00 pm - 9:00 pm	Adult Swim	Main Pool	2	