## The Pods Pool Timetable The Pods

## Accurate as of 29/04/2024

Time         Session         Facility         # Lanes           6:30 am - 8:30 am         Lanes         Main Pool         2           9:00 am - 4:00 pm         Swimming Gala         Main Pool         8           9:30 am - 11:30 am         Casual Swim         Main Pool         1           9:30 am - 11:30 am         Schools         Main Pool         2           9:30 am - 11:30 am         Schools         Teaching Pool           11:30 am - 12:30 pm         Lanes         Main Pool         2           11:30 am - 12:30 pm         Casual Swim         Main Pool         6           11:30 am - 1:30 pm         Casual Swim         Teaching Pool         7           12:30 pm - 1:30 pm         Adult Lanes         Main Pool         7           1:30 pm - 2:30 pm         Casual Swim         Main Pool         5           1:30 pm - 2:30 pm         Casual Swim         Main Pool         2           1:30 pm - 2:30 pm         Lanes         Main Pool         2           2:30 pm - 3:45 pm         Casual Swim         Main Pool         6           2:30 pm - 3:45 pm         Casual Swim         Teaching Pool           4:00 pm - 5:30 pm         Casual Swim         Main Pool         6           4:00 pm - 7:	Times for Wednesday 29	March		•
9:00 am - 4:00 pm Swimming Gala Main Pool 8 9:30 am - 11:30 am Casual Swim Main Pool 1 9:30 am - 11:30 am Schools Main Pool 5 9:30 am - 11:30 am Lanes Main Pool 2 9:30 am - 11:30 am Schools Teaching Pool 1 11:30 am - 12:30 pm Lanes Main Pool 6 11:30 am - 12:30 pm Casual Swim Teaching Pool 7 11:30 am - 1:30 pm Casual Swim Teaching Pool 7 11:30 pm - 1:30 pm Casual Swim Main Pool 7 11:30 pm - 2:30 pm Casual Swim Main Pool 1 11:30 pm - 2:30 pm Casual Swim Main Pool 5 11:30 pm - 2:30 pm Schools Main Pool 5 11:30 pm - 2:30 pm Lanes Main Pool 2 11:30 pm - 2:30 pm Casual Swim Teaching Pool 2 11:30 pm - 3:45 pm Lanes Main Pool 2 11:30 pm - 3:45 pm Casual Swim Main Pool 6 11:30 pm - 3:45 pm Casual Swim Main Pool 6 11:30 pm - 3:45 pm Casual Swim Main Pool 6 11:30 pm - 3:45 pm Casual Swim Main Pool 6 11:30 pm - 3:45 pm Casual Swim Main Pool 6 11:30 pm - 5:30 pm Casual Swim Main Pool 6 11:30 pm - 5:30 pm Casual Swim Main Pool 6 11:30 pm - 5:30 pm Casual Swim Main Pool 6 12:30 pm - 3:45 pm Casual Swim Main Pool 6 12:30 pm - 5:30 pm Casual Swim Main Pool 6 13:30 pm - 5:30 pm Casual Swim Main Pool 6 14:00 pm - 6:00 pm SwimLincs Main Pool 6 14:00 pm - 7:00 pm SwimLincs Main Pool 6	Time	Session	Facility	# Lanes
9:30 am - 11:30 am	6:30 am - 8:30 am	Lanes	Main Pool	2
9:30 am - 11:30 am Schools Main Pool 5 9:30 am - 11:30 am Lanes Main Pool 2 9:30 am - 11:30 am Schools Teaching Pool 11:30 am - 12:30 pm Lanes Main Pool 2 11:30 am - 12:30 pm Casual Swim Main Pool 6 11:30 am - 1:30 pm Casual Swim Teaching Pool 12:30 pm - 1:30 pm Adult Lanes Main Pool 7 1:30 pm - 2:30 pm Casual Swim Main Pool 1 1:30 pm - 2:30 pm Schools Main Pool 5 1:30 pm - 2:30 pm Lanes Main Pool 5 1:30 pm - 2:30 pm Schools Main Pool 2 1:30 pm - 3:45 pm Lanes Main Pool 2 2:30 pm - 3:45 pm Casual Swim Main Pool 6 2:30 pm - 3:45 pm Casual Swim Teaching Pool 4:00 pm - 5:30 pm Swim Teaching Pool 4 4:00 pm - 6:00 pm SwimLincs Main Pool 6 4:00 pm - 7:00 pm SwimLincs Main Pool 6	9:00 am - 4:00 pm	Swimming Gala	Main Pool	8
9:30 am - 11:30 am	9:30 am - 11:30 am	Casual Swim	Main Pool	1
9:30 am - 11:30 am Schools Teaching Pool  11:30 am - 12:30 pm Lanes Main Pool 2  11:30 am - 12:30 pm Casual Swim Main Pool 6  11:30 am - 1:30 pm Casual Swim Teaching Pool  12:30 pm - 1:30 pm Adult Lanes Main Pool 7  1:30 pm - 2:30 pm Casual Swim Main Pool 1  1:30 pm - 2:30 pm Schools Main Pool 5  1:30 pm - 2:30 pm Lanes Main Pool 2  1:30 pm - 2:30 pm Schools Teaching Pool  2:30 pm - 3:45 pm Lanes Main Pool 2  2:30 pm - 3:45 pm Casual Swim Main Pool 6  2:30 pm - 3:45 pm Casual Swim Teaching Pool  4:00 pm - 5:30 pm SwimLincs Main Pool 6  4:00 pm - 6:00 pm SwimLincs Main Pool 6  4:00 pm - 7:00 pm SwimLincs Main Pool 6	9:30 am - 11:30 am	Schools	Main Pool	5
11:30 am - 12:30 pm       Lanes       Main Pool       2         11:30 am - 12:30 pm       Casual Swim       Main Pool       6         11:30 am - 1:30 pm       Casual Swim       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         1:30 pm - 2:30 pm       Casual Swim       Main Pool       1         1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	9:30 am - 11:30 am	Lanes	Main Pool	2
11:30 am - 12:30 pm       Casual Swim       Main Pool       6         11:30 am - 1:30 pm       Casual Swim       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         1:30 pm - 2:30 pm       Casual Swim       Main Pool       1         1:30 pm - 2:30 pm       Schools       Main Pool       2         1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	9:30 am - 11:30 am	Schools	Teaching Pool	
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12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         1:30 pm - 2:30 pm       Casual Swim       Main Pool       1         1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	11:30 am - 12:30 pm	Casual Swim	Main Pool	6
1:30 pm - 2:30 pm       Casual Swim       Main Pool       1         1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	11:30 am - 1:30 pm	Casual Swim	Teaching Pool	
1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	12:30 pm - 1:30 pm	Adult Lanes	Main Pool	7
1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	1:30 pm - 2:30 pm	Casual Swim	Main Pool	1
1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	1:30 pm - 2:30 pm	Schools	Main Pool	5
2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	1:30 pm - 2:30 pm	Lanes	Main Pool	2
2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	1:30 pm - 2:30 pm	Schools	Teaching Pool	
2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	2:30 pm - 3:45 pm	Lanes	Main Pool	2
4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool	2:30 pm - 3:45 pm	Casual Swim	Main Pool	6
4:00 pm - 6:00 pm SwimLincs Main Pool 6 4:00 pm - 7:00 pm SwimLincs Teaching Pool	2:30 pm - 3:45 pm	Casual Swim	Teaching Pool	
4:00 pm - 7:00 pm SwimLincs Teaching Pool	4:00 pm - 5:30 pm	Casual Swim	Main Pool	2
	4:00 pm - 6:00 pm	SwimLincs	Main Pool	6
5:30 pm - 9:00 pm Lanes Main Pool 2	4:00 pm - 7:00 pm	SwimLincs	Teaching Pool	
	5:30 pm - 9:00 pm	Lanes	Main Pool	2

Time	Session	Facility	# Lanes
6:00 pm - 8:00 pm	Private Hire	Main Pool	6
8:00 pm - 9:00 pm	Adult Swim	Main Pool	2