

# The Pods Pool Timetable

## The Pods

Accurate as of 29/04/2024

### Times for Wednesday 25 October



| Time                | Session            | Facility      | # Lanes |
|---------------------|--------------------|---------------|---------|
| 6:30 am - 8:30 am   | Training Lane      | Main Pool     | 1       |
| 6:30 am - 9:30 am   | Adult Lanes        | Main Pool     | 2       |
| 9:30 am - 10:30 am  | Energize           | Teaching Pool |         |
| 9:30 am - 10:30 am  | Lanes              | Main Pool     | 2       |
| 9:30 am - 10:30 am  | Energize           | Main Pool     | 6       |
| 10:30 am - 11:30 am | Family Funsplash   | Teaching Pool |         |
| 10:30 am - 11:30 am | Family Funsplash   | Main Pool     | 8       |
| 11:30 am - 12:30 pm | Lanes              | Main Pool     | 2       |
| 11:30 am - 12:30 pm | Casual Swim        | Main Pool     | 6       |
| 11:30 am - 1:15 pm  | Family Casual Swim | Teaching Pool |         |
| 12:30 pm - 1:30 pm  | Adult Lanes        | Main Pool     | 7       |
| 12:30 pm - 1:30 pm  | Training Lane      | Main Pool     | 1       |
| 1:30 pm - 3:45 pm   | Funsplash          | Teaching Pool |         |
| 1:30 pm - 3:45 pm   | Funsplash          | Main Pool     | 8       |
| 4:00 pm - 5:30 pm   | Lanes              | Main Pool     | 2       |
| 4:00 pm - 6:00 pm   | SwimLincs          | Main Pool     | 6       |
| 4:00 pm - 7:00 pm   | SwimLincs          | Teaching Pool |         |
| 5:30 pm - 9:00 pm   | Lanes              | Main Pool     | 2       |
| 6:00 pm - 8:00 pm   | Private Hire       | Main Pool     | 6       |
| 8:00 pm - 9:00 pm   | Training Lane      | Main Pool     | 2       |
| 8:00 pm - 9:00 pm   | Adult Swim         | Main Pool     | 2       |

| <b>Time</b>       | <b>Session</b> | <b>Facility</b> | <b># Lanes</b> |
|-------------------|----------------|-----------------|----------------|
| 8:00 pm - 9:00 pm | Private Hire   | Main Pool       | 2              |