

# The Pods Pool Timetable

## The Pods

Accurate as of 17/05/2025

### Times for Thursday 22 March



Time	Session	Facility	# Lanes
6:30 am - 8:30 am	Lanes	Main Pool	2
6:30 am - 8:30 am	Training Lane	Main Pool	1
9:00 am - 4:00 pm	Swimming Gala	Main Pool	8
9:30 am - 11:30 am	Casual Swim	Main Pool	1
9:30 am - 11:30 am	Schools	Main Pool	5
9:30 am - 11:30 am	Lanes	Main Pool	2
9:30 am - 11:30 am	Schools	Small Teaching Pool	
11:30 am - 12:30 pm	Lanes	Main Pool	2
11:30 am - 12:30 pm	Casual Swim	Main Pool	6
11:30 am - 12:30 pm	Swimlincs minis	Small Teaching Pool	
12:30 pm - 1:15 pm	Adult & Toddler FunSplash	Small Teaching Pool	3
12:30 pm - 1:30 pm	Adult Lanes	Main Pool	7
12:30 pm - 1:30 pm	Swimlincs minis	Small Teaching Pool	3
12:30 pm - 1:30 pm	Training Lane	Main Pool	1
1:30 pm - 2:30 pm	Casual Swim	Main Pool	1
1:30 pm - 2:30 pm	Schools	Main Pool	5
1:30 pm - 2:30 pm	Lanes	Main Pool	2
1:30 pm - 2:30 pm	Schools	Small Teaching Pool	
2:30 pm - 3:45 pm	Casual Swim	Main Pool	4
2:30 pm - 3:45 pm	Lanes	Main Pool	2
2:30 pm - 3:45 pm	Staff Training	Main Pool	2

<b>Time</b>	<b>Session</b>	<b>Facility</b>	<b># Lanes</b>
2:30 pm - 3:45 pm	Casual Swim	Small Teaching Pool	
4:00 pm - 5:30 pm	Casual Swim	Main Pool	2
4:00 pm - 6:00 pm	SwimLincs	Main Pool	6
4:00 pm - 7:00 pm	SwimLincs	Small Teaching Pool	
5:30 pm - 7:00 pm	Lanes	Main Pool	2
6:00 pm - 7:00 pm	Private Hire	Main Pool	5
7:00 pm - 8:00 pm	Ladies Only Swim	Main Pool	6
8:00 pm - 9:00 pm	Lanes	Main Pool	2
8:00 pm - 9:00 pm	Adult Swim	Main Pool	2