## The Pods Pool Timetable The Pods

## Accurate as of 03/05/2024

Time         Session         Facility         # Lanes           6:30 am - 8:30 am         Lanes         Main Pool         2           6:30 am - 8:30 am         Training Lane         Main Pool         1           9:00 am - 4:00 pm         Swimming Gala         Main Pool         8           9:30 am - 41:30 am         Casual Swim         Main Pool         1           9:30 am - 11:30 am         Schools         Main Pool         5           9:30 am - 11:30 am         Schools         Teaching Pool           11:30 am - 12:30 pm         Lanes         Main Pool         2           11:30 am - 1:30 pm         Casual Swim         Teaching Pool           12:30 pm - 1:30 pm         Adult Lanes         Main Pool         7           12:30 pm - 1:30 pm         Training Lane         Main Pool         1           1:30 pm - 2:30 pm         Casual Swim         Main Pool         2           1:30 pm - 2:30 pm         Schools         Main Pool         5           1:30 pm - 2:30 pm         Schools         Teaching Pool           2:30 pm - 3:45 pm         Lanes         Main Pool         6           2:30 pm - 3:45 pm         Casual Swim         Main Pool         6           2:30 pm - 6:00 pm         S	Times for Monday 18 June			•
6:30 am - 8:30 am Training Lane Main Pool 1 9:00 am - 4:00 pm Swimming Gala Main Pool 8 9:30 am - 11:30 am Casual Swim Main Pool 1 9:30 am - 11:30 am Lanes Main Pool 5 9:30 am - 11:30 am Schools Main Pool 5 9:30 am - 11:30 am Schools Teaching Pool 1 11:30 am - 12:30 pm Lanes Main Pool 2 11:30 am - 1:30 pm Casual Swim Teaching Pool 7 12:30 pm - 1:30 pm Training Lane Main Pool 7 12:30 pm - 1:30 pm Casual Swim Main Pool 1 1:30 pm - 2:30 pm Casual Swim Main Pool 5 1:30 pm - 2:30 pm Lanes Main Pool 1 1:30 pm - 2:30 pm Lanes Main Pool 1 1:30 pm - 2:30 pm Lanes Main Pool 5 1:30 pm - 2:30 pm Lanes Main Pool 2 1:30 pm - 3:45 pm Lanes Main Pool 6 2:30 pm - 3:45 pm Casual Swim Main Pool 6 2:30 pm - 3:45 pm Casual Swim Main Pool 6 2:30 pm - 3:45 pm Casual Swim Teaching Pool 4 4:00 pm - 5:30 pm Casual Swim Main Pool 2 4:00 pm - 5:30 pm Casual Swim Main Pool 6	Time	Session	Facility	# Lanes
9:00 am - 4:00 pm	6:30 am - 8:30 am	Lanes	Main Pool	2
9:30 am - 11:30 am	6:30 am - 8:30 am	Training Lane	Main Pool	1
9:30 am - 11:30 am       Lanes       Main Pool       2         9:30 am - 11:30 am       Schools       Main Pool       5         9:30 am - 11:30 am       Schools       Teaching Pool         11:30 am - 12:30 pm       Lanes       Main Pool       2         11:30 am - 1:30 pm       Casual Swim       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:30 pm - 2:30 pm       Casual Swim       Main Pool       1         1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	9:00 am - 4:00 pm	Swimming Gala	Main Pool	8
9:30 am - 11:30 am Schools Main Pool 5  9:30 am - 11:30 am Schools Teaching Pool  11:30 am - 12:30 pm Lanes Main Pool 2  11:30 am - 1:30 pm Casual Swim Teaching Pool  12:30 pm - 1:30 pm Adult Lanes Main Pool 7  12:30 pm - 1:30 pm Training Lane Main Pool 1  1:30 pm - 2:30 pm Casual Swim Main Pool 1  1:30 pm - 2:30 pm Lanes Main Pool 2  1:30 pm - 2:30 pm Schools Main Pool 5  1:30 pm - 2:30 pm Schools Teaching Pool  2:30 pm - 3:45 pm Casual Swim Main Pool 6  2:30 pm - 3:45 pm Casual Swim Teaching Pool  4:00 pm - 5:30 pm Casual Swim Main Pool 2  4:00 pm - 6:00 pm SwimLincs Main Pool 6	9:30 am - 11:30 am	Casual Swim	Main Pool	1
9:30 am - 11:30 am       Schools       Teaching Pool         11:30 am - 12:30 pm       Lanes       Main Pool       2         11:30 am - 1:30 pm       Casual Swim       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:30 pm - 2:30 pm       Casual Swim       Main Pool       2         1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	9:30 am - 11:30 am	Lanes	Main Pool	2
11:30 am - 12:30 pm       Lanes       Main Pool       2         11:30 am - 1:30 pm       Casual Swim       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:30 pm - 2:30 pm       Casual Swim       Main Pool       2         1:30 pm - 2:30 pm       Lanes       Main Pool       5         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	9:30 am - 11:30 am	Schools	Main Pool	5
11:30 am - 1:30 pm       Casual Swim       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:30 pm - 2:30 pm       Casual Swim       Main Pool       1         1:30 pm - 2:30 pm       Lanes       Main Pool       5         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	9:30 am - 11:30 am	Schools	Teaching Pool	
12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:30 pm - 2:30 pm       Casual Swim       Main Pool       1         1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	11:30 am - 12:30 pm	Lanes	Main Pool	2
12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:30 pm - 2:30 pm       Casual Swim       Main Pool       1         1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	11:30 am - 1:30 pm	Casual Swim	Teaching Pool	
1:30 pm - 2:30 pm       Casual Swim       Main Pool       1         1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	12:30 pm - 1:30 pm	Adult Lanes	Main Pool	7
1:30 pm - 2:30 pm       Lanes       Main Pool       2         1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	12:30 pm - 1:30 pm	Training Lane	Main Pool	1
1:30 pm - 2:30 pm       Schools       Main Pool       5         1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	1:30 pm - 2:30 pm	Casual Swim	Main Pool	1
1:30 pm - 2:30 pm       Schools       Teaching Pool         2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	1:30 pm - 2:30 pm	Lanes	Main Pool	2
2:30 pm - 3:45 pm       Lanes       Main Pool       2         2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	1:30 pm - 2:30 pm	Schools	Main Pool	5
2:30 pm - 3:45 pm       Casual Swim       Main Pool       6         2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	1:30 pm - 2:30 pm	Schools	Teaching Pool	
2:30 pm - 3:45 pm       Casual Swim       Teaching Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	2:30 pm - 3:45 pm	Lanes	Main Pool	2
4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 6:00 pm       SwimLincs       Main Pool       6	2:30 pm - 3:45 pm	Casual Swim	Main Pool	6
4:00 pm - 6:00 pm SwimLincs Main Pool 6	2:30 pm - 3:45 pm	Casual Swim	Teaching Pool	
	4:00 pm - 5:30 pm	Casual Swim	Main Pool	2
4:00 pm - 7:00 pm SwimLincs Teaching Pool	4:00 pm - 6:00 pm	SwimLincs	Main Pool	6
	4:00 pm - 7:00 pm	SwimLincs	Teaching Pool	

Time	Session	Facility	# Lanes	
5:30 pm - 9:00 pm	Lanes	Main Pool	2	
6:00 pm - 8:00 pm	Private Hire	Main Pool	6	
8:00 pm - 9:00 pm	Adult Swim	Main Pool	2	