

# The Pods Pool Timetable

## The Pods

Accurate as of 21/05/2024

Times for Tuesday 23 April				
Time	Session	Facility	# Lanes	
6:30 am - 7:30 am	Lanes	Main Pool	5	
6:30 am - 9:30 am	Lanes	Main Pool	2	
6:30 am - 9:30 am	Training Lane	Main Pool	1	
7:30 am - 9:30 am	Adult Swim	Main Pool	5	
9:30 am - 11:30 am	Lanes	Main Pool	2	
9:30 am - 11:30 am	Schools	Main Pool	5	
9:30 am - 11:30 am	Schools	Teaching Pool		
11:30 am - 12:15 pm	Good Boost	Main Pool	1	
11:30 am - 12:30 pm	Lanes	Main Pool	2	
11:30 am - 12:30 pm	Casual Swim	Main Pool	5	
11:30 am - 1:30 pm	Casual Swim	Teaching Pool		
12:45 pm - 1:30 pm	Training Lane	Main Pool	1	
12:45 pm - 1:30 pm	Adult Lanes	Main Pool	7	
1:30 pm - 2:30 pm	Lanes	Main Pool	2	
1:30 pm - 2:30 pm	Schools	Main Pool	5	
1:30 pm - 2:30 pm	Schools	Teaching Pool		
1:30 pm - 2:30 pm	Casual Swim	Main Pool	1	
2:30 pm - 3:30 pm	Lanes	Main Pool	2	
2:30 pm - 3:45 pm	Casual Swim	Main Pool	5	
2:30 pm - 3:45 pm	Casual Swim	Teaching Pool		
3:00 pm - 3:45 pm	Good Boost	Main Pool	1	

Time	Session	Facility	# Lanes
4:00 pm - 5:30 pm	Casual Swim	Main Pool	2
4:00 pm - 7:00 pm	SwimLincs	Main Pool	6
4:00 pm - 7:00 pm	SwimLincs	Teaching Pool	
5:30 pm - 9:00 pm	Adult Lanes	Main Pool	2
7:00 pm - 8:00 pm	Training Lane	Main Pool	1
7:00 pm - 8:00 pm	Casual Swim	Main Pool	5
8:00 pm - 9:00 pm	Adult Swim	Main Pool	3