

# Pool programme at Leigh Leigh Leisure Centre

Accurate as of 18/04/2024

## Times for Wednesday 25 July



Time	Session	Facility
07:00 - 09:00	Casual Swim with Lanes	Swimming Pool
09:00 - 09:30	Stroke Improver	Swimming Pool
09:00 - 10:00	Intensive Course	Swimming Pool
09:30 - 10:00	Rookie Lifeguard	Swimming Pool
10:00 - 12:00	Distance Awards	Swimming Pool
10:00 - 14:15	Casual Swim	Swimming Pool
14:30 - 15:30	Pool Inflatable Session (8-14yrs)	Swimming Pool
14:30 - 15:30	Active Holiday Camp	Swimming Pool
16:00 - 18:00	Swimming Lessons	Swimming Pool
18:00 - 20:00	Casual Swim (Restricted Lanes)	Swimming Pool
20:00 - 20:45	Aqua Aerobics	Swimming Pool
21:00 - 22:00	Lane Swimming	Swimming Pool