## Pool programme at Leigh Leigh Leisure Centre

Accurate as of 05/05/2024

Times for Friday 24 August		
Time	Session	Facility
07:00 - 09:00	Casual Swim with Lanes	Swimming Pool
09:00 - 09:30	Stroke Improver	Swimming Pool
09:00 - 10:00	Intensive Course	Swimming Pool
09:30 - 10:00	Rookie Lifeguard	Swimming Pool
10:15 - 11:15	Pool Inflatable Session (8-14yrs)	Swimming Pool
10:15 - 11:15	Active Holiday Camp	Swimming Pool
11:30 - 15:00	Casual Swim	Swimming Pool
15:00 - 15:45	Low Aqua	Swimming Pool
16:00 - 18:00	Swimming Lessons	Swimming Pool
18:00 - 20:00	Casual Swim	Swimming Pool
20:00 - 21:30	Lane Swimming	Swimming Pool