

Pool programme at Leigh Leigh Leisure Centre

Accurate as of 26/04/2024

Times for Friday 24 August



| Time | Session | Facility |
|---------------|-----------------------------------|---------------|
| 07:00 - 09:00 | Casual Swim with Lanes | Swimming Pool |
| 09:00 - 09:30 | Stroke Improver | Swimming Pool |
| 09:00 - 10:00 | Intensive Course | Swimming Pool |
| 09:30 - 10:00 | Rookie Lifeguard | Swimming Pool |
| 10:15 - 11:15 | Pool Inflatable Session (8-14yrs) | Swimming Pool |
| 10:15 - 11:15 | Active Holiday Camp | Swimming Pool |
| 11:30 - 15:00 | Casual Swim | Swimming Pool |
| 15:00 - 15:45 | Low Aqua | Swimming Pool |
| 16:00 - 18:00 | Swimming Lessons | Swimming Pool |
| 18:00 - 20:00 | Casual Swim | Swimming Pool |
| 20:00 - 21:30 | Lane Swimming | Swimming Pool |