

Pool programme at Leigh Leigh Leisure Centre

Accurate as of 12/05/2024

Times for Wednesday 29 August



| Time | Session | Facility |
|---------------|-----------------------------------|---------------|
| 07:00 - 09:00 | Casual Swim with Lanes | Swimming Pool |
| 09:00 - 09:30 | Stroke Improver | Swimming Pool |
| 09:00 - 10:00 | Intensive Course | Swimming Pool |
| 09:30 - 10:00 | Rookie Lifeguard | Swimming Pool |
| 10:00 - 12:00 | Distance Awards | Swimming Pool |
| 10:00 - 14:15 | Casual Swim | Swimming Pool |
| 14:30 - 15:30 | Pool Inflatable Session (8-14yrs) | Swimming Pool |
| 14:30 - 15:30 | Active Holiday Camp | Swimming Pool |
| 16:00 - 18:00 | Swimming Lessons | Swimming Pool |
| 18:00 - 20:00 | Casual Swim (Restricted Lanes) | Swimming Pool |
| 20:00 - 20:45 | Aqua Aerobics | Swimming Pool |
| 21:00 - 22:00 | Lane Swimming | Swimming Pool |