

Fitness Classes

Epworth Leisure Centre

Accurate as of 17/05/2025

Times for Tuesday 21 May



| Time | Session | Facility | Instructor |
|---------------|-----------------|---------------|------------|
| 18:15 - 19:00 | Group Cycling | Sports Hall | Sarah |
| 19:15 - 20:00 | Fitness pilates | Squash Courts | Sarah |