

# Teme SpArC Exercise Class Timetable

## Teme Sparc

Accurate as of 20/09/2017

### Times for Thursday 14 September



Time	Session	Facility
18:00 - 18:45	Aquafit	Main Pool
18:00 - 18:45	Studio Cycling	Sports Hall
19:00 - 19:50	Muscular Strength and Attitude	Sports Hall
20:00 - 20:50	Bootcamp Circuits	Sports Hall