

Teme SpArC Exercise Class Timetable

Teme Sparc

Accurate as of 20/11/2017

Times for Thursday 14 September



Time	Session	Facility
18:00 - 18:45	Aquafit	Main Pool
18:00 - 18:45	Studio Cycling	Sports Hall
20:00 - 20:50	Strength Hiit	Sports Hall