## **Group Fitness** Holmes Chapel Community Centre

## Accurate as of 14/05/2024

Times for Wednesday 19 September			
Time	Session	Facility	Туре
09:15 - 10:15	Yoga	Studio	Fitness
10:20 - 11:50	50+ Yoga	Studio	Fitness
12:15 - 13:00	Kettlercise	Studio	Fitness
17:30 - 18:15	Group Cycling	Studio	Fitness
18:45 - 19:30	Legs, Bums & Tums	Studio	Fitness
19:45 - 20:45	Clubbercise	Studio	Fitness