

Group Fitness

Holmes Chapel Community Centre

Accurate as of 29/04/2024

Times for Saturday 22 September				
Time	Session	Facility	Type	
08:30 - 09:15	Group Cycling	Studio	Fitness	
09:30 - 10:15	HIIT	Studio	Fitness	
10:30 - 11:30	Body Pump	Studio	Fitness	