

# Group Fitness

## Holmes Chapel Community Centre

Accurate as of 20/05/2024

Times for Friday 5 April

Time	Session	Facility	Type
07:30 - 08:00	GRIT Strength	Studio	Fitness
09:30 - 10:15	Pilates	Studio	Fitness
10:30 - 11:00	Pilates	Studio	Fitness
12:30 - 13:15	Group Cycling	Studio	Fitness