

# Swimming Timetable

## Atherton Leisure Centre

Accurate as of 03/05/2024

Times for Monday 22 July

Time	Session	Facility
06:00 - 10:00	Adult Lane Swim & Schools*	Main Pool
07:00 - 08:00	Aquafit	Main Pool
10:00 - 11:00	Family Swim	Teaching Pool
10:00 - 11:30	General Swim	Main Pool
11:30 - 12:00	Pool Closed	Main Pool
12:00 - 13:30	Disability Swim	Teaching Pool
12:00 - 14:00	Adult Lane Swimming	Main Pool
14:00 - 15:30	General Swim	Main Pool
14:40 - 15:40	Aqua Fit 50+	Teaching Pool
15:30 - 16:00	Pool Closed	Main Pool
16:00 - 17:30	General Swim*	Main Pool
16:00 - 20:30	Swimming Lessons Only	Teaching Pool
17:30 - 18:00	Pool Closed	Main Pool
18:00 - 21:30	Adult Lane Swimming*	Main Pool