## **Swimming Timetable Atherton Leisure Centre**

## Accurate as of 02/05/2024

| Times for Friday 23 August |                                   |               |
|----------------------------|-----------------------------------|---------------|
| Time                       | Session                           | Facility      |
| 06:00 - 10:00              | Adult Lane Swim & Schools*        | Main Pool     |
| 10:00 - 11:30              | General Swim*                     | Main Pool     |
| 11:30 - 12:00              | Pool Closed                       | Main Pool     |
| 12:00 - 13:00              | Disability Swim                   | Teaching Pool |
| 12:00 - 14:00              | Adult Lane Swimming               | Main Pool     |
| 14:00 - 15:30              | General Swim                      | Main Pool     |
| 15:30 - 16:00              | Pool Closed                       | Main Pool     |
| 16:00 - 17:30              | General Swim                      | Main Pool     |
| 16:00 - 19:00              | Swimming Lessons Only             | Teaching Pool |
| 17:30 - 18:00              | Pool Closed                       | Main Pool     |
| 18:00 - 19:30              | Women & Girls Only Swim (8+years) | Main Pool     |
| 19:00 - 19:45              | Aqua Zumba Women Only             | Teaching Pool |
| 19:30 - 20:00              | Pool Closed                       | Main Pool     |
| 20:00 - 20:45              | Aqua Zumba Women Only             | Teaching Pool |
| 20:00 - 21:30              | Women Only Swim                   | Main Pool     |