Group Fitness
Crewe Lifestyle Centre

Accurate as of 01/05/2024

Times for Sunday 30 September

Time	Session	Facility	Type
08:45 - 09:15	GRIT Cardio	Studio 5	Fitness
09:30 - 10:15	Spin - Coach by Color	Studio 4	Fitness
10:30 - 11:30	Body Combat	Studio 4	Fitness