## **Group Fitness Crewe Lifestyle Centre**

## Accurate as of 19/05/2024

Times for Sunday 28 April			
Time	Session	Facility	Туре
07:30 - 08:00	Les Mills Sprint	Studio 5	Fitness
08:30 - 09:00	GRIT Strength	Studio 5	Fitness
09:30 - 10:15	Body Combat	Sports Hall	Fitness