

# Group Fitness

## Crewe Lifestyle Centre

Accurate as of 19/05/2024

### Times for Sunday 5 May



Time	Session	Facility	Type
07:30 - 08:00	Les Mills Sprint	Studio 5	Fitness
08:30 - 09:00	GRIT Strength	Studio 5	Fitness
09:30 - 10:15	Body Combat	Sports Hall	Fitness