

Activity Timetable

Impulse Leisure - Belhus Park Golf Club & Leisure Centre

Accurate as of 09/04/2024

Times for Monday 18 December			
Time	Session	Facility	Type
10:00 am - 11:00 am	Insanity™	Studio	Cardio/ Fat Burners
7:00 pm - 7:45 pm	Bike on The Beat	Group Cycling	Cardio/ Fat Burners