Activity Timetable

Impulse Leisure - Corringham

Accurate as of 27/04/2024

Times for Sunday 25 March

Time	Session	Facility	Type
9:00 am - 10:00 am	Pilates	Studio	Mind, Wellbeing & Low Impact
10:00 am - 11:00 am	Legs, Bums & Tums	Studio	Strength, Sculpt & Toning