Activity Timetable Impulse Leisure - Corringham

Accurate as of 05/05/2024

Times for Monday 22 April				(
Time	Session	Facility	Туре	
9:00 am - 10:00 am	Total Pump	Studio	Cardio/ Fat Burners	
10:15 am - 11:00 am	Group Cycling	Studio	Cardio/ Fat Burners	