

# Fitness classes

## Hatchford Brook Golf Course

Accurate as of 14/05/2024

Times for Tuesday 16 July			
Time	Session	Facility	Instructor
4:30 pm - 5:15 pm	Pilates	Gym (167948)	Nikki
5:30 pm - 6:15 pm	Block Fit	Gym (167948)	Nikki
6:30 pm - 7:15 pm	Aerobics	Gym (167948)	Alli