

Fitness classes

Hatchford Brook Golf Course

Accurate as of 29/04/2024

Times for Thursday 18 July



| Time | Session | Facility | Instructor |
|-------------------|-------------|--------------|------------|
| 4:30 pm - 5:15 pm | Block Fit | Gym (167948) | Nikki |
| 5:30 pm - 6:15 pm | Body Sculpt | Gym (167948) | Nikki |
| 6:30 pm - 7:15 pm | Zumba® | Gym (167948) | Nikki |