

# Fitness classes

## Hatchford Brook Golf Course

Accurate as of 04/05/2024

Times for Thursday 25 July			
Time	Session	Facility	Instructor
4:30 pm - 5:15 pm	Block Fit	Gym (167948)	Nikki
5:30 pm - 6:15 pm	Body Sculpt	Gym (167948)	Nikki
6:30 pm - 7:15 pm	Zumba®	Gym (167948)	Nikki