# Virtual Classes at Lings

## Lings Forum Leisure Centre

**Accurate as of 12/10/2024**

### Times for Monday 23 October

| Time | Session | Facility |
|---|---|---|
| 06:45 - 07:20 | Orocovis | Cycle Studio |
| 17:00 - 18:00 | Loch Leven | Cycle Studio |