

Virtual Classes at Lings

Lings Forum Leisure Centre

Accurate as of 10/05/2024

Times for Monday 11 December

| Time | Session | Facility |
|---------------|------------|--------------|
| 06:45 - 07:20 | Orocovis | Cycle Studio |
| 17:00 - 18:00 | Loch Leven | Cycle Studio |