

Virtual Classes at Lings

Lings Forum Leisure Centre

Accurate as of 03/04/2024

Times for Monday 28 May



Time	Session	Facility
12:00 - 12:30	Virtual CX Worx	Dance Studio
13:00 - 14:00	Virtual Combat	Dance Studio
14:00 - 15:00	Virtual Balance	Dance Studio
15:00 - 16:00	Virtual Sh'bam	Dance Studio