


Virtual Classes at Lings

Lings Forum Leisure Centre

Accurate as of 29/04/2024

| Times for Monday 23 July | | |  |
|--------------------------|------------|--------------|---|
| Time | Session | Facility | |
| 06:45 - 07:20 | Orocovis | Cycle Studio | |
| 17:00 - 18:00 | Loch Leven | Cycle Studio | |