

# Virtual Classes at Lings

## Lings Forum Leisure Centre

Accurate as of 06/05/2024

### Times for Tuesday 30 April



Time	Session	Facility
06:45 - 07:20	Orocovis	Cycle Studio
08:30 - 08:55	Dayton	Cycle Studio
16:00 - 17:00	Loch Leven	Cycle Studio
17:00 - 18:00	Rockies Colorado	Cycle Studio