

Virtual Classes at Lings

Lings Forum Leisure Centre

Accurate as of 19/05/2024

Times for Friday 3 May



Time	Session	Facility
06:45 - 07:45	Bonita Springs	Cycle Studio
08:30 - 09:05	Alligator Alley	Cycle Studio
16:00 - 17:00	Loch Leven	Cycle Studio
17:00 - 18:00	Bonita Springs	Cycle Studio
19:00 - 19:25	Dayton	Cycle Studio