


VIRTUAL Class Timetable

Teme Ludlow

Accurate as of 06/05/2024

Times for Saturday 20 January			
Time	Session	Facility	
07:35 - 08:05	BODYCOMBAT™ Virtual	Studio 2	
09:15 - 10:15	BODYCOMBAT™ Virtual	Studio 2	
14:30 - 15:00	BODYBALANCE™ Virtual	Studio 2	